

8(B.P.Ed)

B.P.Ed./2nd Sem./Phy.Edn/BCC-203/22

2022

PHYSICAL EDUCATION

Paper Code : BCC-203

**Subject : Test, Measurement and Evaluation in
Physical Education**

Full Marks : 70

Time : 3 Hours

The figures in the right-hand margin indicate marks.

*Candidates are required to give their answers in
their own words as far as practicable.*

Answer all the question.

UNIT-I

1. Define Test, Measurement and Evaluation and mention its needs and importance in Physical Education. 8+7=15

শারীরশিক্ষায় টেস্ট, মেজারমেন্ট ও ইভ্যালুয়েশন-এর সংজ্ঞা দাও
ও ইহার গুরুত্ব ও প্রয়োজনীয়তা সম্বন্ধে উল্লেখ কর।

OR / অথবা

What do you understand by reliability and validity of test? Write down the criteria of a good test.

6+9=15

টেস্ট-এর রিলাইবিলিটি ও ভ্যালিডিটি বলতে কি বোঝ? একটি ভালো
টেস্ট-এর নীতিগুলি লেখ।

[Turn over]

UNIT-II

2. What are the different components of physical fitness? Write in brief the AAHPERD Youth Fitness Test. $7+8=15$

ফিজিক্যাল ফিটনেস-এর বিভিন্ন ধরনের উপাদানগুলি কি কি?
AAHPERD Youth Fitness Test সম্বন্ধে সংক্ষিপ্ত বিবরণ দাও।

OR / অথবা

Explain any two tests from the following:

$$7\frac{1}{2}+7\frac{1}{2}=15$$

নীচের টেস্টগুলি ব্যাখ্যা কর (যে কোনো দুটি) :

- Barrow Motor Ability Test
- J.C.R. Test
- Harvard Step Test
- Kraus Weber Muscular Fitness Test

UNIT-III

3. What do you mean by sports skill test? Describe the procedure of conducting Russal-Launge Volleyball test. $5+10=15$

স্পোর্টস স্কিল টেস্ট বলতে কি বোঝায়? Russal-Launge ভলিবল টেস্ট-এর পদ্ধতিটি ব্যাখ্যা কর।

OR / অথবা

Which skill we can measure through McDonald Soccer Test? Give description of various test items in Johnson Basketball Ability test. $5+10=15$

McDonald Soccer Test-এর মাধ্যমে কোন ধরনের স্কিল মেজার করা হয়? Johnson Basketball Ability-র বিভিন্ন ধরনের টেস্ট আইটেমগুলির বিবরণ দাও।

UNIT-IV

4. Write short notes on the following (any two):

$$7\frac{1}{2}+7\frac{1}{2}=15$$

সংক্ষিপ্ত টীকা লেখ (যে কোনো দুটি) :

- Iowa Postural Test,
- McColys behavior rating scale,
- Purpose of Grading in Games and Sports.

UNIT-V

5. Choose the correct alternative of the following (any ten): $1 \times 10 = 10$

- What is the purpose of evaluation?
 - To measure the achievement of students
 - To test the students in a subject
 - To assign a mark or score to a student
 - To make judgment about the quality of something

- b) From the following the right sequence is:
- i) Test, measurement, assessment, Evaluation
 - ii) Evaluation, Test, Measurement, Assessment
 - iii) Test, Assessment, Evaluation, Measurement
 - iv) Assessment, Measurement, Evaluation, Test.
- c) Harvard Step Test measures:
- i) Muscular efficiency of the knee muscles
 - ii) Cardio-respiratory efficiency
 - iii) Cardio-pulmonary index
 - iv) Respiratory pulmonary index.
- d) Cardio-respiratory efficiency is best measured through:
- i) Indiana Motor fitness test
 - ii) Harward step test
 - iii) John-Methany test
 - iv) JCR test.

- e) Dyer's Skill Test is used to measure:
- i) Tennis playing ability
 - ii) Football playing ability
 - iii) Badminton playing ability
 - iv) Swimming playing ability.
- f) The wall measurement for McDonald Soccer Skill Test is:
- i) 11.5 feet high and 30 feet wide
 - ii) 11 feet high and 30 feet wide
 - iii) 11.5 feet high and 20 feet wide
 - iv) 11 feet high and 20 feet wide
- g) Johnson Basketball test has been found to be quite effective in:
- i) Determining Grades
 - ii) Testing Playing Skills
 - iii) Motivating athletes
 - iv) Selecting athletes.
- h) Kraus-Weber Test measures:
- i) Minimum muscular strength
 - ii) Absolute muscular strength
 - iii) Maximum muscular strength
 - iv) Relative muscular strength

- i) Which of the following is not a test of volleyball?
- i) Miller Wall Volley Test
 - ii) Brady Volleyball Test
 - iii) Russell Lange Test
 - iv) French Cooper Volleyball Test
- j) Which of the following skill tests does NOT include in AAHPERD Basketball Skill Test?
- i) Speed spot shooting
 - ii) Jumping and turning in the air
 - iii) Defensive movement
 - iv) Forward pass
- k) Name the test that is also known as Aerobic Fitness test.
- i) Harvard step test
 - ii) Rockport test
 - iii) Modified push ups
 - iv) Standing broad jump
- l) Sit and Reach Test is conducted to measure:
- i) Flexibility
 - ii) Motor Fitness
 - iii) Endurance
 - iv) Speed.

- m) The purpose of push ups is to measure the:
- i) Lower body strength
 - ii) Upper body strength and endurance
 - iii) Endurance
 - iv) All of the above.
- n) Which of the following is not a test of volley ball?
- i) Miller Wall Volley Test
 - ii) Brady Volleyball Test
 - iii) Russell Lange Test
 - iv) French Cooper Volleyball Test
- o) The purpose of push ups is to measure the:
- i) Lower body strength
 - ii) Upper body strength and endurance
 - iii) Endurance
 - iv) All of the above.